

# What is Sleepless in Skagit?



Imagine sleeping in your car and having to get ready for school or work or moving from one motel to another to have a roof overhead. These are just some of the realities faced by families experiencing homelessness.

- *During the 22/23 school year, Skagit County had 759 homeless children of school age.*
- *Lack of shelter/stability impacts reading, writing and math skills by one to two grade levels.*
- *The number one cause of family homelessness is a lack of affordable housing.*
- *Children who experience homelessness are more likely to experience depression, social anxiety and are 7x more likely to commit suicide.*
- *Almost 60% of homeless children do not graduate or receive their GED furthering generational cycles of poverty.*

**WHAT IS SLEEPLESS IN SKAGIT?** It's a fundraiser run by Family Promise that also raises awareness about family homelessness; a crisis that affects more than 2 million children in this country every year.

Please join us for our event and make a difference in a family's life.  
For more information, see the attached flier!

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**Guest testimony:** *I will never forget what Family Promise gave me, taught me, and the important role it has in my story of recovery and growth.*

# You're Invited



**Join us!** We will be hosting a Sleepless in Skagit event at Bethlehem Lutheran Church located at 1006 Wicker Road in Sedro-Woolley, July 19th, 2024 from 5:30 - 8 pm. There will be hamburgers, hotdogs, and fun family games to play. Then sleep in your car, your RV, a tent, or at home: anywhere other than your bed. Please register on our website: [www.FamilyPromiseSkagit.org](http://www.FamilyPromiseSkagit.org) or use the QR code below to register by getting free tickets.

**Can't join us?** Sleep anywhere but your bed: your couch, the backyard or living room floor. Post a photo to our FaceBook page with #Sleepless2024

**Sponsor a Sleeper!** We are challenging you or your group to get as many people as you can to sponsor you for sleeping someplace other than your bed. Collect pledges on the attached pledge sheet or use our QR code to donate. Any questions? Email [Katherine@FamilyPromise.org](mailto:Katherine@FamilyPromise.org)

**Consider becoming a monthly donor.**  
For as little as \$40 per month you can help house/feed a family for a night.

